

**News Release** 

Providence VA Medical Center 830 Chalkstone Ave Providence, RI 02908

FOR IMMEDIATE RELEASE March 6, 2019

Contact: Winfield S. Danielson III 401-457-3369 winfield.danielsoniii@va.gov

## **Veterans Discuss the Burdens of War on Public Access Show**

PROVIDENCE, R.I. – The Providence VA Medical Center and East Bay Television announce a new show featuring interviews with Veterans about their experiences in war, the burdens that they carry, and how they have coped with those burdens.

Every month, Dr. Nathan Stein, a clinical psychologist and suicide prevention coordinator at the Providence VA Medical Center, will interview two Veterans for the show. "We hope that the courage that it takes for these Veterans to share their stories will inspire others to open up about their experiences and struggles, and ask for help when they need it."

The first episode of "Veterans Discuss the Burdens of War" features two Vietnam Veterans and is running on Statewide Interconnect Channel A – Cox, Channel 13; Full Channel, Channel 13; and Verizon, Channel 32. Episodes of the half-hour show air on Sundays at 5:30 p.m. and Mondays at 9 p.m. Back episodes will also be archived on the Providence VAMC Facebook page at <a href="https://www.facebook.com/pg/VAProvidence/videos/">https://www.facebook.com/pg/VAProvidence/videos/</a>.

Veterans with questions about the show, or who want to participate, should contact Stein at <a href="mathan.stein@va.gov">nathan.stein@va.gov</a>.

"This show is an excellent way to increase public awareness about the sacrifices service members and Veterans have made," said Dr. Satish Sharma, chief of staff at the Providence VAMC.

If you are a service member or Veteran in crisis, or you are concerned about one, please contact the Veterans Crisis Line by calling 800-273-TALK (8255) and pressing 1, texting 8383255, or starting a confidential online chat session at <a href="https://www.veteranscrisisline.net/support/be-there">www.VeteransCrisisLine.net/Chat</a>. Anyone interested in providing more support to the service members or Veterans in their lives can learn more at <a href="https://www.veteranscrisisline.net/support/be-there">https://www.veteranscrisisline.net/support/be-there</a>.



Dr. Nathan Stein, a clinical psychologist at the Providence VA Medical Center, talks about the clinical care available to help prevent Veteran suicide during the Veteran Suicide Prevention Discussion panel at the Providence VA Medical Center Jan. 24, 2019. Other panel members, seated from left to right, are Dr. Jennifer Barredo, VA research health scientist, Jeanne Smith, Providence VAMC suicide prevention coordinator, and Jeffrey Hill, Rhode Island Department of Health Violence and Injury Prevention Program manager. Stein is hosting a new monthly public access show with East Bay Television called "Veterans Discuss the Burdens of War," featuring interviews with Veterans about their experiences in war, the burdens that they carry, and how they have coped. (Providence VA Medical Center photo by Winfield Danielson)